

# Sacred Heart Community School Newsletter

*Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. 1 Peter 5:6-7*

February 1, 2012

Visit us @ <http://sheart.htcsd.ca>

## *Dates to Remember:*

- February 7** – Backward Day
- February 8** – SCC Meeting, 6:30 p.m. rescheduled
- February 8** – 100 Days of School party
- February 9, 10, 13** – Candy Grams for sale
- February 10** – Grade 8 trip to Mission Ridge
- February 10** – Grade 6, 7, 8, dance
- February 13** – SCC Meeting, 6:30 p.m.
- February 14** – Candy Grams delivered & S.C.C. Donut Sale
- February 15** – Grade 5 & Grade 1/2 split class field trip
- February 15** – Ash Wednesday Mass, 1 p.m.
- February 16** – Early dismissal, 2:50 p.m.
- February 17** – Student's Pancake Breakfast
- February 20-24** – No school
- February 29** – PreKindergarten & Kindergarten Open House

## *Grade 6, 7, 8 Youth Rally*

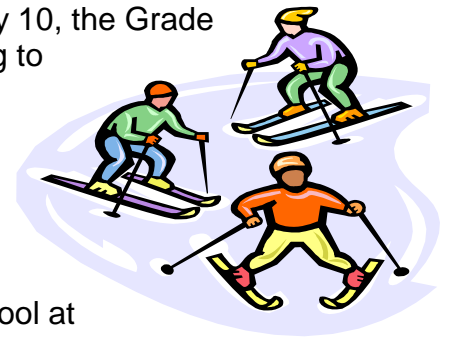
The Archdiocese of Regina is holding a Youth Rally at Church of Our Lady on Saturday, February 11, from 10 a.m. to 6 p.m. Any grade 6, 7, & 8 students who are interested in developing their faith, meeting new people, & having fun are invited!

The cost is \$20 per person and the registration forms can be picked up in the office. For more information please email [ymo@archregina.sk.ca](mailto:ymo@archregina.sk.ca)



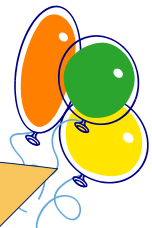
## *Grade 8 Trip*

On Friday, February 10, the Grade 8 class will be going to Mission Ridge for skiing & snowboarding. The bus will be leaving at 7:15 a.m. and should be returning to the school at approximately 5 p.m.



## *100 Days of School Celebration*

100 minutes of fun for the 100<sup>th</sup> day of school! Games, crafts, cookie decorating, valentines, and fun for the whole family! Activities will be targeted from prekindergarten to grade 3 but older students are welcome to help run centres. Every child who attends will be given a free new book. There will be door prizes and prizes for completing certain activities. Children in prekindergarten and kindergarten must be accompanied by an adult. Hope to see you there!



Happy 100 days  
of school!



*Cupcakes for the YMCA  
Strong Kids  
Campaign*

The Moose Jaw YMCA and South Hill Fine Foods are partnering to make Valentine's Day "sweet" for your friends and family and the Strong Kids Campaign.

South Hill Fine Foods is selling cupcakes with the proceeds of each tray sold going to the Strong Kids Campaign!

All orders are due February 1, 2012. **Orders can be placed at all childcare centres, HFRC's, and the Family Centre.**

All orders can be picked up at South Hill Fine Foods on Sunday, February 12.



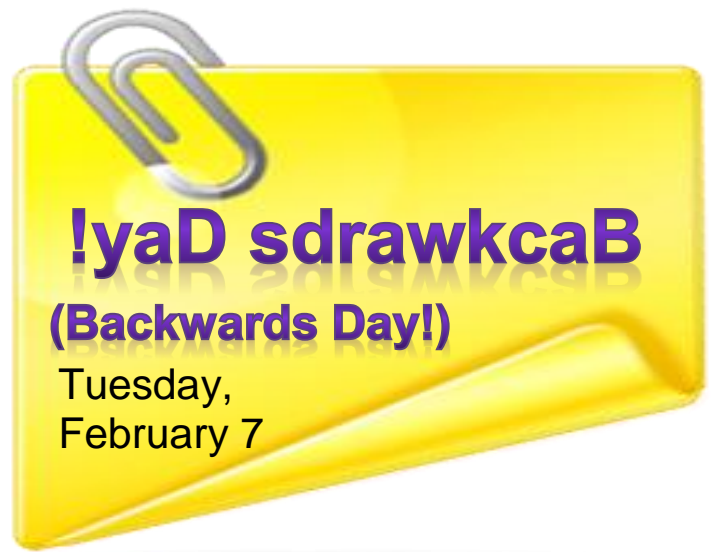
*\$12 for a tray of 12  
Valentine's Day  
cupcakes*  
**CASH ONLY**

***SaskTel Phonebook Recycling***

Once again we will be participating in the SaskTel Phonebook Recycling Program. SaskTel refunds the school 10¢ for each book collected. Bring your old phonebooks to your classroom and the winning room may receive a prize!



This program provides an opportunity to teach the students about recycling. Salvaging one ton of paper saves about 12 trees. Last year, this program helped to recycle over 50 tons of paper. Old phonebooks are used to make things like new phonebooks, egg cartons, ceiling tiles, cereal boxes, and toilet paper.



**!yaD sdrawkcaB  
(Backwards Day!)**

**Tuesday,  
February 7**

***PreKindergarten / Kindergarten  
Registration***

There will be a PreKindergarten open house at Sacred Heart, on Wednesday, February 29, from 6 – 7 p.m. and a Kindergarten open house from 7 – 8 p.m. Registration forms and more information can be found on the Holy Trinity website at [www.htcsd.ca](http://www.htcsd.ca)

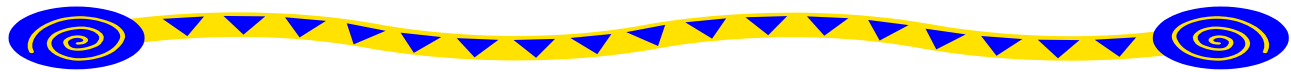
***Ash Wednesday Mass***



Because Ash Wednesday falls when the students are on break, we will be celebrating on Wednesday, February 15. Please feel free to join Sacred Heart at Church of Our Lady at 1 p.m.

In lieu of Shrove Tuesday, we will be holding a pancake breakfast for the students on Friday, February 17, starting at 9 a.m. We are in need of volunteers to help precook the sausages, make & serve pancakes, & help with the clean up. If you are able to donate some time on Friday morning please see Mrs. Lancaster in the community room.





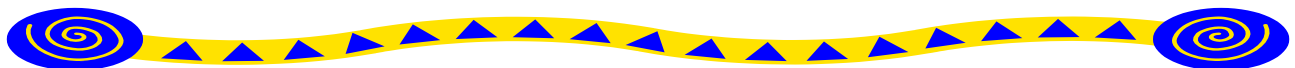
## *Active Families Project: February 2012 Report*

The Active Families Project is based on focus and actions for daily 30 minutes of active family based and/or supported physical activities. Be active! Engage in an active lifestyle each day by completing a physical activity for 30 minutes each day. **In Saskatchewan, only 18% of kids get 30 minutes of physical activity when at home.**

Activity time did not have to be taken all at once but could be collected over shorter time periods. Activities such as walking to the store, school or to the park, taking the family dog for a walk, and shoveling the sidewalk can all add up to ensure kids get a minimum of 30 minutes of physical activity every day at home.

Access the City of Moose Jaw's Community Recreation Guide for programming information at [www.moosejaw.ca](http://www.moosejaw.ca)

For more info on the Active Family Project: Jan Radwanski, Active Family Project Coordinator  
690-9591 [janrad@sasktel.net](mailto:janrad@sasktel.net)



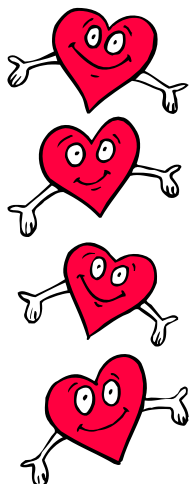
## *Parenting Your 5–12 Year Old*

4 Evening Sessions starting Tuesday, February 28 to Tuesday, March 27, 6:30 – 8 p.m.

YMCA Strong Start Family Centre – 679 Hall Street W.

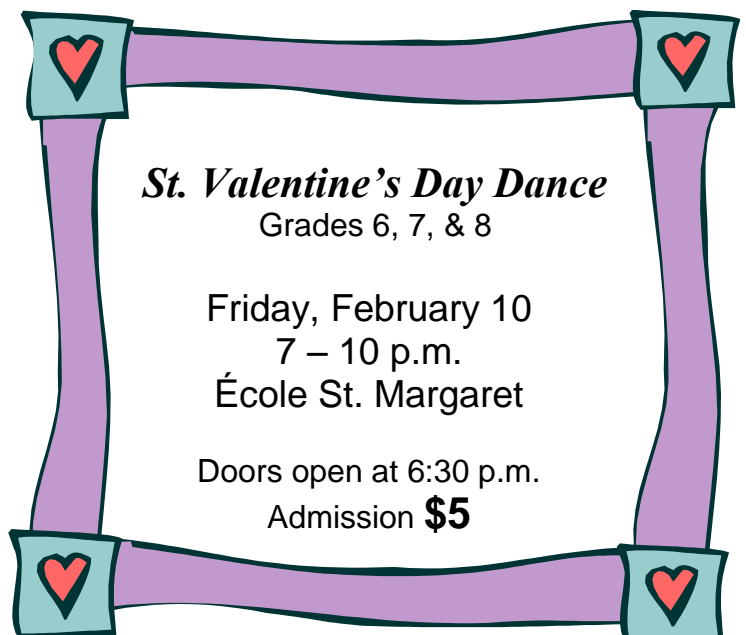
Facilitators: Joanne Suffern and Wanda Jonas  
There is no cost to attend and on-site childcare will be available.

Please call Joanne to register at **690-9953** or email [joandgiffer@hotmail.com](mailto:joandgiffer@hotmail.com)  
Please indicate when registering if you require childcare or transportation



### *S.H.O.C.K. Candy Gram Sale*

S.H.O.C.K. will be selling Candy Grams, for 50¢ each, on Thursday, Friday, & Monday, at recess (February 9, 10, & 13). There will be a station for the kindergarten –grade 4s and one for grade 5-8s. Candy Grams will be delivered to the classrooms on Valentine's Day at the end of the day.



### *St. Valentine's Day Dance*

Grades 6, 7, & 8

Friday, February 10


7 – 10 p.m.

École St. Margaret

Doors open at 6:30 p.m.

Admission **\$5**

# February 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7 Backwards Day	8 <del>SCC Meeting</del> 6:30 p.m. 100 Day of School Party	9 Candy Grams for sale	10 Candy Gram sale Grade 8s at Mission Ridge Dance at École St. Margaret	11
12	13 Candy Grams for sale  SCC Meeting 6:30 p.m.	14 Valentine's Day Candy Grams delivered  S.C.C. Donut Sale	15 Mass at C.O.O.L. 1 p.m. Miss Scuka + Mrs. Haggerty's class field trip	16 Early dismissal 2:50 p.m.	17 Student's Pancake Breakfast (starting after announcements)	18
19	20 Family Day No school	21	22	23	24	25
<div style="border: 2px solid blue; padding: 10px; background-color: #d4edda;"> <p><b>No school</b></p> </div>						
26	27	28	29 PreKindergarten Open House 6 - 7 p.m. Kindergarten 7-8 p.m.			